

The exam countdown

Fill this in the day the exam date is announced.

	Date	Done
Exam date		
Review 1 — 15% of remaining time from today		
Past paper 1, timed, cold	2 weeks before	
Past paper 2, timed, cold	1 week before	
Error log review	3 days before	
Full night's sleep	night before	non-negotiable

Timed and cold means no notes and no pauses. A past paper worked with the book open measures your reading, not your recall.